

Daily Worship and Study Plan  
In Pursuit of a Healthy Marriage Unit 4  
Respect

**Day 1:**

- Do PRAISE on Ephesians 5:22-33 one more time
- Answer the first **Truth** question on page 2
- Read the intro on page 1
- Begin to memorize this week's verse Ephesians 5:33

**Day 2:**

- Do PRAISE on 1 Peter 3:1-7 again
- Answer second **Truth** question on pages 2
- Plan a discussion for the **Mission** assignment on page 10

**Day 3**

- Do PRAISE on Titus 2:1-5
- Continue working on the **Mission** assignment
- Read **to summarize** article, pages 3-6

**Day 4**

- Do PRAISE on Proverbs 18:22 and Proverbs 20:7
- Answer **Equipping** questions on page 7
- Continue memorizing your 60-second testimony

**Day 5**

- Do PRAISE on Philippians 2:3-11
- Answer **Equipping** questions on page 8

**Day 6**

- Do PRAISE on Philippians 2:12-16
- Read, reflect, and answer the **Accountability** questions on page 9.

**Day 7**

- Review week's PRAISE
- Review lesson and memory verse
- Jot down your weekly **Supplications** on page 11
- Attend your weekly discipleship meeting